

ROBERT C. CANNELL  
DISTRICT 24

STATE SENATOR FORTY-  
SEVENTH LEGISLATURE

CAPITOL COMPLEX  
SENATE Suite 314  
PHOENIX, ARIZONA 85007-2890  
PHONE (602) 926-4139  
TOLL FREE 1-800-352-8404, X4139  
FAX (602) 926-3429  
E-MAIL [rcannell@azleg.state.az.us](mailto:rcannell@azleg.state.az.us)



## Arizona State Senate

August 8, 2005

COMMITTEES:

APPROPRIATION

HEALTH

NATURAL RESOURCES AND

TRANSPORTATION

Chief, Regulations & Procedures Division  
Alcohol & Tobacco Tax & Trade Bureau  
ATTN: Notice No. 41  
P. O. Box 14412  
Washington DC 20044-4412

Dear Chief:

Current federal alcohol beverage label regulations do not allow most beer, wine and distilled spirits companies to provide information about their products so that consumers can make informed choices about what to drink and how much to drink. The Alcohol & Tobacco Tax & Trade Bureau ("TTB") is to be commended for seeking public comment on this proposed change in regulations.

Food, soft drinks, over-the-counter drugs, and even dietary supplements provide consumers with basic consumer information on the label. Alcohol beverages (with some exceptions) are the only major class of consumable goods that do not provide this type of information on the label. TTB should allow labels voluntarily to list information such as serving size and servings per container, as well as alcohol, calories, fat, carbohydrates and protein per serving. As a practicing physician, as well as a legislator, I recognize the benefits of providing this information to consumers, particularly those with diabetic conditions who are attempting to control their carbohydrate and sugar intake.

In light of the obesity crisis confronting our country, the amount of alcohol per serving also would be highly beneficial for consumers to have. The U.S. government's advice on moderate drinking, as provided in *Dietary Guidelines for Americans* (USDA & HHS, 2005) states that:

The majority of American adults consume alcohol. Those who do so should drink alcoholic beverages in moderation. Moderation is defined as the consumption of up to one drink per day for women and up to two drinks per day for men. Twelve fluid ounces of regular beer, 5 fluid ounces of wine, or 1.5 fluid ounces of 80-proof distilled spirits count as one drink for purposes of explaining moderation (p. 44)

Page Two  
August 8, 2005  
Chief, Regulations & Procedures Division  
Alcohol & Tobacco Tax & Trade Bureau

Allowing placement of information on alcohol per serving and servings per container on beer, wine and distilled spirits labels will help consumers to better understand the government's advice. In fact, given the wide variety of formulations, container sizes and alcohol concentrations in today's products, and the regulatory disparities as to what information may be placed on beer, wine and distilled spirits labels, some consumers might welcome more information about how particular products relate to the *Guidelines'* advice.

Consumer Serving Facts will be more meaningful if TTB makes clear in this rulemaking what constitutes a "serving". This is the essential fact that will allow consumers to make more informed comparisons between products and better understand what is in a standard serving of any alcohol beverage.

The standard serving definition used in the *Dietary Guidelines* (12 ounces of regular beer, 5 ounces of table wine and 1.5 ounces of 80 proof distilled spirits) is one widely used by U.S. government agencies, public health groups, consumer groups, and a majority of state driver's license manuals. It makes sense to use the same definition as the benchmark for labels.

Sincerely,

A handwritten signature in blue ink, appearing to read "R. Cannell", is positioned above the printed name.

Robert C. Cannell, M.D.  
State Senator

RCC:eps